

Healing Methods - Exercise

A) Primary Methods for Receiving Your Healing

- Anointing with oil James 5:14
Notice the question in James 5:14 below. God does not expect that there be any sick among us. Note that this primary method requires 3 persons because “elders” is plural. An elder is any person to whom you would go for healing prayer because the person is more knowledgeable or more experienced than you. For situations where a third person is unavailable, by faith use the Lord Jesus as the third person (Matt 18:20).
 - Jam 5:14 Is any sick among you? let him call for the _____ of the church; and let them pray over him, _____ him with _____ in the name of the Lord:
 - Jam 5:15 And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed _____, they shall be forgiven him.
- Prayer of Agreement Matt 18:19
 - Requires at least two people.
 - Mat 18:18 Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven.
Note: The Prayer of Binding and Loosing may be used with both Primary and Secondary Methods of Healing. When prayer is first made for the challenge, bind the devil and his demons from the situation and loose God’s healing anointing. But, since the devil departs only for a season, other demons may replace the original ones. So as you continue to stand in faith, you may later choose to again bind/loose.
 - Mat 18:19 Again I say unto you, That if _____ of you shall agree on _____ as touching any thing that they shall ask, it shall be done for them of my Father which is in heaven.
- Asking in Faith Mark 11:24
At this level, it is just you and God. Just one person. You arrived here when you realized that God wants you to have every blessing (Eph 1:3), and He wants to bless you with every desire of your heart (Ps 37:4) and answer all your prayers (Rom 8:32). You grow at this level when you realize that Jesus is your prayer partner (Rom 8:34, Heb 7:25); and, based on Mark 11:23-24, He will agree with all your prayers. He did say to you, “Therefore I say unto...”, which is a statement of agreement.
 - Mar 11:24 Therefore I say unto you, What things soever ye desire, when ye pray, _____ that ye _____ [them], and ye shall have [them].
- Prayer of Authority Mark 16:17; Mark 11:23; John 14:14
At this level, you realize that you are the healed of the Lord and the devil is trying to steal the health for which Jesus paid the full price. So there is no need to ask God for healing. It is a done deal; but you need to enforce it in your body and life. Therefore, **you** take your authority and **you** speak to the challenges.
 - Mar 16:17 And these signs shall follow them that believe; In my name shall they _____ out devils; they shall speak with new tongues;
 - Mar 11:23 For verily I say unto you, That whosoever shall _____ unto this mountain, Be thou removed, and be thou cast into the sea; and shall not _____ in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

Note: With the authority in the Name of Jesus, you command the mountain (of challenges) **once**; and you believe in your heart that it has been removed in the spiritual realm, even if you do not yet see it with your physical eyes.

- Joh 14:14 If ye shall **ask** any thing in my name, I will **do** it.

Note: This word “ask” reflects demanding, not simply asking. We are to demand of the devil what God has promised us. This word “do” implies that, if He does not have it, He will make it for us.

- Laying of hands Mark 16:18
 - On a believer, only if minister is operating under the anointing.
 - On an unbeliever, any time as a sign and wonder.
 - Mar 16:18 They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall _____ hands on the _____, and they shall _____
- Gifts of the Holy Spirit 1 Cor 12:4-11
 - For any person, when manifestation of the gifts are flowing.
 - 1Co 12:4 Now there are diversities of gifts, but the same Spirit.
 - 1Co 12:5 And there are differences of administrations, but the same Lord.
 - 1Co 12:6 And there are diversities of operations, but it is the same God which worketh all in all.
 - 1Co 12:7 But the manifestation of the Spirit is given to every man to profit withal.
 - 1Co 12:8 For to one is given by the Spirit the word of wisdom; to another the word of knowledge by the same Spirit;
 - 1Co 12:9 To another faith by the same Spirit; to another the gifts of _____ by the same Spirit;
 - 1Co 12:10 To another the _____ of _____; to another prophecy; to another discerning of spirits; to another [divers] kinds of tongues; to another the interpretation of tongues:
 - 1Co 12:11 But all these worketh that one and the selfsame Spirit, dividing to every man severally as he will.

B) Secondary Methods for Receiving Your Healing

- Confessing your sins 1 John 1:9; James 5:16
 - To God frequently; especially before prayer and affirmations.
 - To another person, periodically, especially for cleansing.
 - 1Jo 1:9 If we confess our _____ (i.e. the known ones), he is faithful and just to forgive us [our] sins, and to cleanse us from _____ (i.e., including even the unknown ones) unrighteousness.
 - Jam 5:16 Confess [your] faults _____ to _____, and pray one for another, that ye may be _____. The effectual fervent prayer of a righteous man availeth much.
- Prayer of Affirmation Mark 11:23; Heb 10:23
 - Aloud, in the Name of Jesus, increasing the number of repetitions.
 - Mar 11:23 For verily I say unto you, That whosoever shall _____ unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he _____ shall come to pass; he shall have whatsoever he _____.

- Note:** Once you have commanded the mountain in the Name of Jesus, you continue with your eye of faith to see it as an accomplished fact; and so you continue to say and keep on saying that it has been removed. It is a done deal.
- Heb 10:23 Let us hold fast the profession of [our] faith without wavering; (for he [is] faithful that promised;)
 - **Note:** The Amplified Bible says “Let us seize and hold fast and retain without wavering the hope we cherish and **confess**”
 - Communion 1 Cor 11:23-25
 - Once per day as a lifestyle; frequently during challenges.
 - 1Co 11:23 For I have received of the Lord that which also I delivered unto you, That the Lord Jesus the [same] night in which he was betrayed took bread:
 - 1Co 11:24 And when he had given thanks, he brake [it], and said, Take, eat: this is my _____, which is _____ for you: this do in _____ of me.
 - 1Co 11:25 After the same manner also [he took] the cup, when he had supped, saying, This _____ is the _____ in my _____: this do ye, as oft as ye drink [it], in remembrance of me.
 - 1Co 11:26 For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till he come.
 - Reading the Bible Joshua 1:8
 - Read especially Healing Scriptures and especially **aloud**.
 - Jos 1:8 This book of the law shall not depart out of thy _____; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way _____, and then thou shalt have good _____
 - Praise and Worship Psalm 8:2; Matt 21:16; Psalms 27:6
 - 24/7 Christian music in your home is great.
 - Psa 8:2 Out of the mouth of babes and sucklings hast thou ordained _____ because of thine enemies, that thou mightest still the enemy and the _____.
 - Mat 21:16 And said unto him, Hearest thou what these say? And Jesus saith unto them, Yea; have ye never _____, Out of the mouth of babes and sucklings thou hast _____?
 - Psa 27:6 And now shall mine head be lifted up _____ mine enemies round about me: therefore will I offer in his tabernacle _____ of joy; I will _____, yea, I will _____ praises unto the LORD.
 - Worshipping God in your body – Praise stills the avenger, so we praise him by:
 - Dancing before the Lord Psalm 150:4
 - Psa 150:4 Praise him with the timbrel and _____: praise him with stringed instruments and organs.
 - Lifting Holy Hands 1 Tim 2:8
 - 1Ti 2:8 I will therefore that men pray every where, _____ up holy _____, without wrath and doubting.
 - Kneeling/Lying before Him Rev 1:17
 - Rev 1:17 And when I saw him, I _____ at his feet as dead. And he laid his right hand upon me, saying unto me, Fear not; I am the first and the last:

- Praying in tongues Rom 8:26; 1 Cor 14:2,14
 - The more the better; an hour per day is a good goal.
 - Rom 8:26 Likewise the Spirit also helpeth our _____: for we _____ not what we should pray for as we ought: but the Spirit itself maketh intercession for us with _____ which cannot be uttered.
 - 1Co 14:2 For he that speaketh in an [unknown] tongue speaketh not unto men, but unto _____: for no man understandeth [him]; howbeit in the spirit he speaketh mysteries.
 - 1Co 14:4 He that speaketh in an [unknown] tongue _____ himself; but he that prophesieth edifieth the church.
Note: “Edifieth” means “builds up or strengthens.”
 - 1Co 14:14 For if I pray in an [unknown] tongue, my spirit prayeth, but my understanding is unfruitful.
 - 1Co 14:15 What is it then? I will pray with the spirit, and I will pray with the understanding also: I will sing with the spirit, and I will sing with the understanding also.

- Fasting Isaiah 58:6-8
 - Regular weekly fasting is necessary for an ongoing walk of victory.
 - Isa 58:6 [Is] not this the _____ that I have chosen? to loose the bands of _____, to undo the heavy burdens, and to let the _____ go free, and that ye break every _____?
 - Isa 58:7 [Is it] not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh?
 - Isa 58:8 Then shall thy light break forth as the morning, and thine _____ shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy reward.
 - Isa 58:9 Then shalt thou _____, and the LORD shall _____; thou shalt cry, and he shall say, Here I [am]. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity;

- Breaking curses Matt 12:29; Luke 10:19-20; 11:17-26
 - This will be covered in great detail in a later module.
 - Mat 12:29 Or else how can one enter into a strong man's house, and spoil his goods, except he first _____ the strong man? and then he will spoil his house.
 - Luk 10:19 Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and _____ shall by any means _____ you.
 - Luk 10:20 Notwithstanding in this rejoice not, that the _____ are subject unto you; but rather rejoice, because your names are written in heaven.
 - Luk 11:17 But he, knowing their thoughts, said unto them, Every kingdom _____ against itself is brought to desolation; and a house [divided] against a house _____.
 - Luk 11:18 If Satan also be divided against himself, how shall his kingdom stand? because ye say that I cast out devils through Beelzebub.
 - Luk 11:19 And if I by Beelzebub cast out devils, by whom do your sons cast [them] out? therefore shall they be your judges.

- Luk 11:20 But if I with the finger of God cast out devils, no doubt the kingdom of _____ is _____ upon you.
- Luk 11:21 When a strong man armed keepeth his palace, his goods are in peace:
- Luk 11:22 But when a stronger than he shall come upon him, and overcome him, he taketh from him all his armour wherein he trusted, and divideth his spoils.
- Luk 11:23 He that is not with me is against me: and he that gathereth not with me scattereth.
- Luk 11:24 When the _____ spirit is gone out of a man, he walketh through dry places, seeking rest; and finding none, he saith, I will _____ unto my house whence I came out.
- Luk 11:25 And when he cometh, he findeth [it] swept and garnished.
- Luk 11:26 Then goeth he, and taketh [to him] _____ other spirits more wicked than himself; and they enter in, and dwell there: and the _____ [state] of that man is worse than the _____