

## Healing Methods

### A) Primary Methods for Receiving Your Healing (Praying in Faith)

- a. God has provided healing for all people, regardless of where they are, physically or spiritually.
- b. Identify where you are in knowledge and faith.
- c. Select one of the tools listed below. Do it only once for each time and occasion of challenge.
- d. Use of this tool becomes your point of contact for releasing your faith. This means that you do this only **once** because you believe that you receive when you release your faith.
  1. Anointing with oil                      James 5:14-15 - Requires at least three people.
  2. Prayer of Agreement                      Matt 18:19 - Requires at least two people.
  3. Asking in Faith                              Mark 11:24 - Requires one person asking God for healing.
  4. Prayer of Authority                        Mark 16:17; Mark 11:23; John 14:14  
- Requires one person, who realizes that healing was paid for on the cross.
  5. Laying of hands                              Mark 16:18  
- On a believer, only if minister is operating under the anointing. Acts 20:9-12  
- On an unbeliever, any time as a sign and wonder. Acts 3:2-8
  6. Gifts of the Holy Spirit                      1 Cor 12:4-11; Acts 5:15  
- For any person when manifestation of the gifts are flowing.

### B) Secondary Methods for Receiving Your Healing (Spiritual Warfare)

- a. Recognize that health and healing belong to you and satan is trying to steal your healing.
- b. Having done all to stand, keep standing on your faith for healing.
- c. Keep pressing in against the enemy by using the following tools as often and as many times as you deem it necessary. It is one of your actions for standing in faith and remaining in patience. Heb 6:12
  1. Confessing your sins                        1 John 1:9; James 5:16  
- To God frequently; especially before prayer and affirmations.  
- To another person, periodically, especially for cleansing.
  2. Prayer of Affirmation                        Mark 11:23; Heb 10:23  
- Aloud, in the Name of Jesus, increasing the number of repetitions.
  3. Communion                                      1 Cor 11:23-25  
- Once per day as a lifestyle; frequently during challenges.
  4. Reading the Bible                              Joshua 1:8  
- Read especially Healing Scriptures and especially **aloud**.
  5. Praise and Worship                        Psalm 8:2; Matt 21:16; Psalms 27:6  
- 24/7 Christian music in your home is great.
  6. Worshipping God in your body - Praise stills the avenger and so we praise Him by:
    - a. Dancing before the Lord                      Psalm 150:4
    - b. Lifting holy hands                              I Tim 2:8
    - c. Kneeling/Lying before Him                      Rev.1:17
  7. Praying in tongues                              Rom 8:26; 1 Cor 14:2, 14  
- The more the better: an hour per day is a good goal.
  8. Fasting    Isaiah 58:1-11; Matt 6:16-18  
- Regular weekly fasting is necessary for an ongoing walk of victory.
  9. Breaking curses                                Matt 12:29; Luke 10:19-20; 11:17-26  
- This will be covered in great detail in a later module.
  10. Resist the devil by doing things your body does not want to do.  
- For example, a person with knee pain should use the knee in as normal a lifestyle as is possible, subject to dealing with the pain. Any regular activity which requires the use of the knee should be used as an opportunity to press in against the devil. However, remember that a Christian should be obedient to authority and therefore should **not disobey** hisr doctor.