# A Sample Prayer for
# Breaking Curses

1. In the Name of Jesus, I repent of the sin of _____
   (Example: Calling myself fat)

2. In the Name of Jesus, I forgive every person from my heart who has participated in this sin or caused me to sin or been affected by this sin.

3. In the Name of Jesus, I renounce Satan and every demon, devil and evil spirit behind this sin.

4. In the Name of Jesus, I take away the legal right of Satan, every demon, devil and evil spirit to operate on me, my body or my life because of this sin.

5. In the Name of Jesus, I break every ungodly soul tie to this sin and to every person and spiritual being connected to or behind this sin.

6. In the Name of Jesus, I break every curse, every vow, every covenant, every contract, every hold, every hook, and every connection to evil, resulting from this sin.

7. In the Name of Jesus, I have been set free by Jesus Christ. He/She whom the Son sets free, is free indeed.

**Summary Version**

Heavenly Father, in the Name of Jesus, I repent of all my sins and I turn my back on them. In the Name of Jesus, I forgive every person who has participated in this sin or caused me to sin or has been affected by this sin. In the Name of Jesus, I renounce satan and every demon, every devil and every evil spirit behind these sins and I take away their legal right to influence me because of these sins. In the Name of Jesus, I break every ungodly soul-tie and every connection to these sins and to the demons, devils and evil spirits behind them. Amen.