

Hindrances to Healing - Unforgiveness

Overview: Our Salvation Package determines that for which we can pray. The Bible defines what is in our Salvation Package. Faith in our prayers is the title deed to the promised blessings. Faith with patience brings the promises into manifestation. Patience is the spiritual force which overcomes the hindrances. The main hindrance is unforgiveness.

A. Prayer and Unforgiveness

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| 1. The Model Prayer. | Matt 6:9-15 |
| 2. Mountain-Moving Prayer. | Mark 11:22-26 |
| 3. Tree-Commanding Prayer. | Luke 17:1-6 |
| 4. Blank Check Prayer. | John 14 – 16 esp. 16:1 |
| 5. Earth-Shaping Prayer. | Matt 18 esp. vs. 6,15,18,19 |
| Note: In the 5 teachings above on prayer, Jesus talks about forgiving/offense in 35 verses. | |
| 6. Unforgiveness is the Main Hindrance. | Matt 18:21-35 |
| Note: In His 3 famous teachings on prayer (1,2 & 5), Jesus took 30 verses, of which 20 were about forgiving. | |

B. Choose to Sow Forgiveness or Unforgiveness

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| 1. Forgive others that your Heavenly Father may forgive you. | Mark 11:25 |
| 2. Forgive us as we forgive others. | Matt 6:12 |
| 3. If you forgive men, your Heavenly Father will forgive you. | Matt 6:14 |
| 4. But if you do not forgive, neither will your Father forgive you. | Mark 11:26 |
| 5. But if you do not forgive men, neither will He forgive you. | Matt 6:15 |
| 6. Forgive and you shall be forgiven. | Luke 6:37 |
| 7. Therefore, sow forgiveness to receive forgiveness from God. | |
| 8. For, if you sow unforgiveness, you will reap unforgiveness. | |

C. Unforgiveness Blocks All Prayers

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| 1. If you confess your known sins, He forgives you of all sins. | 1 John 1:9 |
| 2. But with unforgiveness, you remain living in your sins. | Luke 6:37 (above) |
| 3. Sins hinders your prayers; be not bitter against your wife. | 1 Peter 3:7; Col 3:19 |
| 4. With iniquity in your heart, God will not hear your prayers. | Ps 66:18 |
| 5. If your heart condemns you, your prayers are not answered. | 1 Jn 3:20-22; 5:14-15 |
| 6. Forgiveness precedes healing. Which is easier? Matt 9:5 | Ps 103:3; Jam 5:14,15 |
| 7. With unforgiveness, you are turned over to the tormentors. | Matt 18:35 |
| 8. With a lack of forgiveness, you are turned over to satan for the destruction of your flesh. | 1 Cor 5:5 |

D. Process of Forgiveness

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| 1. Identification – ask HS to help identify unforgiveness. | John 14:26 |
| 2. Forgive – even when you don't feel like it, forgive by faith. | Luke 6:28 |
| 3. Repent of unforgiveness. | 1 John 1:9 |
| 4. Believe – Prayer of Faith – Believe you receive. | Mark 11:24 |
| 5. Action – act as though it is done. | James 1:22; Matt 5:44 |
| 6. Watch your words – treat remembrance of offenses as a sin. | 2 Cor 10:5 |