

## Power in Your Words Exercise

### A. There is Power in Your Words.

#### 1. Choose life and not death; blessings or curses.

**Deut 30:19**

Deu 30:10 If thou shalt hearken unto the voice of the LORD thy God, to keep his commandments and his statutes which are written in this book of the law, [and] if thou turn unto the LORD thy God with all thine heart, and with all thy soul.

Deu 30:11 For this commandment which I command thee this day, it [is] not hidden from thee, neither [is] it far off.

Deu 30:12 It [is] not in \_\_\_\_\_, that thou shouldest say, Who shall go up for us to \_\_\_\_\_, and bring it unto us, that we may hear it, and do it?

Deu 30:13 Neither [is] it beyond the \_\_\_\_\_, that thou shouldest say, Who shall go over the \_\_\_\_\_ for us, and bring it unto us, that we may hear it, and do it?

Deu 30:14 But the word [is] very nigh unto thee, in thy \_\_\_\_\_, and in thy \_\_\_\_\_, that thou mayest do it.

Deu 30:15 See, I have set before thee this day life and good, and death and evil;

Deu 30:16 In that I command thee this day to love the LORD thy God, to walk in his ways, and to keep his commandments and his statutes and his judgments, that thou mayest live and multiply: and the LORD thy God shall bless thee in the land whither thou goest to possess it.

Deu 30:17 But if thine heart turn away, so that thou wilt not hear, but shalt be drawn away, and worship other gods, and serve them;

Deu 30:18 I denounce unto you this day, that ye shall surely perish, [and that] ye shall not prolong [your] days upon the land, whither thou passest over Jordan to go to possess it.

Deu 30:19 I call \_\_\_\_\_ and \_\_\_\_\_ to record this day against you, [that] I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live:

Deu 30:20 That thou mayest love the LORD thy God, [and] that thou mayest obey his voice, and that thou mayest \_\_\_\_\_ unto him: for he [is] thy \_\_\_\_\_, and the \_\_\_\_\_ of thy \_\_\_\_\_: that thou mayest dwell in the land which the LORD sware unto thy fathers, to Abraham, to Isaac, and to Jacob, to give them.

#### 2. Death and life are in the power of the tongue.

**Prov 18:21**

Pro 18:21 Death and life [are] in the power of the tongue: and they that love it shall eat the fruit thereof.

#### 3. Snared by the words of your mouth.

**Prov 6:2**

Pro 6:2 Thou art snared with the words of thy mouth, thou art taken with the words of thy mouth.

#### 4. Jesus said, "You will give account for every idle word." Matt 12:36

Mat 12:34 O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the heart the mouth speaketh.

Mat 12:35 A good man out of the good treasure of the heart bringeth forth good things: and an evil man out of the evil treasure bringeth forth evil things.

Mat 12:36 But I say unto you, That every idle word that men shall speak, they shall give account thereof in the day of judgment.

#### 5. You are justified (made right) by your words.

**Matt 12:37**

Mat 12:37 For by thy words thou shalt be justified, and by thy words thou shalt be \_\_\_\_\_.

**6. Your tongue guides your body as a rudder/ship, bit/horse. James 3:2-8**

Jam 3:2 For in many things we offend all. If any man offend not in \_\_\_\_\_, the same [is] a \_\_\_\_\_ man, [and] able also to bridle the whole \_\_\_\_\_.

Jam 3:3 Behold, we put bits in the \_\_\_\_\_, that they may obey us; and we turn about their whole body.

Jam 3:4 Behold also the \_\_\_\_\_, which though [they be] so great, and [are] driven of fierce winds, yet are they turned about with a very small \_\_\_\_\_, whithersoever the \_\_\_\_\_.

Jam 3:5 Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth!

Jam 3:6 And the tongue [is] a fire, a world of iniquity: so is the tongue among our members, that it defileth the whole body, and setteth on fire the course of nature; and it is set on fire of hell.

Jam 3:7 For every kind of beasts, and of birds, and of serpents, and of things in the sea, is tamed, and hath been tamed of mankind:

Jam 3:8 But the tongue can \_\_\_\_\_ tame; [it is] an unruly evil, full of deadly poison.

**Note:** Only the Holy Spirit can control your tongue. You allow him to do so primarily by affirming words about your mouth and tongue and secondarily by praying in tongues a lot.

**B. Why is there Power in Your Words?**

**1. You are made in the image of God.**

**Gen 1:27**

Gen 1:27 So God created man in his [own] image, in the image of God created he him; male and female created he them.

Gen 1:28 And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.

**2. God's Words are creative.**

**Gen 1:9; Heb 11:3**

Gen 1:8 And God called the firmament Heaven. And the evening and the morning were the second day.

Gen 1:9 And God said, Let the waters under the heaven be gathered together unto one place, and let the dry [land] appear: and it was so.

Heb 11:3 Through faith we understand that the worlds were \_\_\_\_\_ by the word of God, so that things which are seen were not made of things which do appear.

**3. God is in you.**

**1 John 4:15**

1Jo 4:15 Whosoever shall confess that Jesus is the Son of God, God dwelleth in him, and he in God.

**4. The Kingdom of God is in you.**

**Luke 17:21**

Luk 17:21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

**5. The Anointing of God is in you.**

**1 John 2:27**

1Jo 2:27 But the anointing which ye have received of him abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide in him.

**6. The Spirit of God is in you.**

**1 Cor 3:16; 6:19**

1Co 3:16 Know ye not that ye are the temple of God, and [that] the Spirit of God dwelleth in you?

1Co 6:19 What? know ye not that your body is the temple of the Holy Ghost [which is] in you, which ye have of God, and ye are not your own?

**7. The Spirit of God dwells upon you.**

**Isaiah 11:2; John 1:33**

**Luke 24:49; Acts 2:3**

Isa 11:2 And the spirit of the LORD shall rest upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the LORD;

Isa 11:3 And shall make him of quick understanding in the fear of the LORD: and he shall not judge after the sight of his eyes, neither reprove after the hearing of his ears:

Joh 1:32 And John bare record, saying, I saw the Spirit descending from heaven like a dove, and it abode upon him.

Joh 1:33 And I knew him not: but he that sent me to baptize with water, the same said unto me, Upon whom thou shalt see the Spirit \_\_\_\_\_, and \_\_\_\_\_ on him, the same is he which baptizeth with the Holy Ghost.

Luk 24:49 And, behold, I send the promise of my Father upon you: but tarry ye in the city of Jerusalem, until ye be endued with power from on high.

Act 2:1 And when the day of Pentecost was fully come, they were all with one accord in one place.

Act 2:2 And suddenly there came a sound from heaven as of a rushing mighty wind, and it filled all the house where they were sitting.

Act 2:3 And there appeared unto them cloven tongues like as of fire, and it sat upon each of them.

Act 2:4 And they were all filled with the Holy Ghost, and began to speak with other tongues, \_\_\_\_\_ the Spirit gave them \_\_\_\_\_.

**Note:** Who began to speak? The Holy Spirit will never force you because you have been given free will to make your own decisions. He won't force you to open your mouth and speak, but He will provide the guidance for the sound, if you so desire it and have the faith to believe it and act on that faith (i.e., open your mouth and speak and trust the Holy Spirit to do His part).

**8. Angels await to act upon the "Voice of the Word." Ps 103:20; Heb 1:14**

Psa 103:20 Bless the LORD, ye his angels, that excel in strength, that do his commandments, hearkening unto the voice of his word.

Heb 1:13 But to which of the angels said he at any time, Sit on my right hand, until I make thine enemies thy footstool?

Heb 1:14 Are they not all ministering spirits, sent forth to minister for them who shall be heirs of salvation?

**9. The Word of God is in your mind and heart.**

**Deut 30:14; Rom 12:2**

Deu 30:14 But the word [is] very nigh unto thee, in thy mouth, and in thy heart, that thou mayest do it.

Rom 12:1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, [which is] your reasonable service.

Rom 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what [is] that good, and acceptable, and perfect, will of God.

**10. The Word of God is health and medicine to your flesh. Prov 4:20**

Pro 4:20 My son, attend to my words; incline thine ear unto my sayings.

Pro 4:21 Let them not depart from thine eyes; keep them in the midst of thine heart.

Pro 4:22 For they [are] life unto those that find them, and \_\_\_\_\_ to all their \_\_\_\_\_.

**Note:** the word translated as "health" can also be translated as medicine and the foot note in your Bible probably says that.

Pro 4:23 Keep thy heart with all diligence; for out of it [are] the issues of life.

Pro 4:24 Put away from thee a \_\_\_\_\_ mouth, and perverse  
\_\_\_\_\_ put far from thee.

**Note:** Froward mouth means a habitually disobedient mouth.

**11. Anointed One enters your heart by believing & confessing. Rom 10:9,10; Eph 3:17**

Rom 10:8 But what saith it? The word is nigh thee, [even] in thy mouth, and in thy heart: that is, the word of faith, which we preach;

Rom 10:9 That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.

Rom 10:10 For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

Eph 3:16 That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man;

Eph 3:17 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,

Eph 3:18 May be able to comprehend with all saints what [is] the breadth, and length, and depth, and height;

Eph 3:19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the \_\_\_\_\_ of \_\_\_\_\_.

**C. How to Loose the Power in Your Words**

**1. Loose anointing out of your heart by believing & speaking. Ps 19:14**

Psa 19:14 Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer.

**2. Out of the abundance of the heart, the mouth speaks. Matt 12:34; Pr 16:23**

Mat 12:34 O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the heart the mouth speaketh.

Pro 16:23 The heart of the wise teacheth his mouth, and addeth learning to his lips

**3. Jesus said, "Speak to the mountain." Mark 11:23**

Mar 11:23 For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

**4. Speak blessings and not curses. James 3:9-13**

Jam 3:9 Therewith bless we God, even the Father; and therewith curse we men, which are made after the similitude of God.

Jam 3:10 Out of the same mouth proceedeth blessing and cursing. My brethren, these things ought not so to be.

Jam 3:11 Doth a fountain send forth at the same place sweet [water] and bitter?

Jam 3:12 Can the fig tree, my brethren, bear olive berries? either a vine, figs? so [can] no fountain both yield salt water and fresh.

Jam 3:13 Who [is] a wise man and endued with knowledge among you? let him shew out of a good conversation his works with meekness of wisdom.

**5. A blessing is an empowerment to prosper. Webster – confer prosperity**

**6. Your words must minister grace to the hearer. Eph 4:29**

Eph 4:29 Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.

**7. Grace is the undeserved assistance of God. Webster**

**8. Your tongue can loose the powers of Heaven Matt 18:18**

Mat 18:18 Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven.

Mat 18:19 Again I say unto you, That if two of you shall agree on earth as touching any thing that they shall ask, it shall be done for them of my Father which is in heaven.

**or it can defile your body or “be ignited by hell.” James 3:6 (AMP)**

Jam 3:6 And the tongue [is] a fire, a world of iniquity: so is the tongue among our members, that it defileth the whole body, and setteth on fire the course of nature; and it is set on fire of hell.

**9. You are saved by believing and confessing. Rom 10:9,10**

Rom 10:9 That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.

Rom 10:10 For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

**10. You are saved by faith, so faith = believing and confessing. Eph 2:8**

Eph 2:8 For by grace are ye saved through faith; and that not of yourselves: [it is] the gift of God:

**11. Salvation includes healing. Matt 10:7,8**

Mat 10:7 And as ye go, preach, saying, The kingdom of heaven is at hand.

Mat 10:8 \_\_\_\_\_ the \_\_\_\_\_, cleanse the lepers, raise the dead, \_\_\_\_\_ out \_\_\_\_\_: freely ye have received, freely give.

**Note:** According to the commandment of Jesus above, who heals the sick? And who casts out devils?

**12. You are healed by believing and confessing. Mark 5:25-34**

Mar 5:25 And a certain woman, which had an issue of blood twelve years,

Mar 5:26 And had suffered many things of many physicians, and had spent all that she had, and was nothing bettered, but rather grew worse,

Mar 5:27 When she had heard of Jesus, came in the press behind, and touched his garment.

Mar 5:28 For she \_\_\_\_\_, If I may touch but his clothes, I shall be whole.

Mar 5:29 And straightway the fountain of her blood was dried up; and she felt in [her] body that she was healed of that plague.

Mar 5:30 And Jesus, immediately knowing in himself that virtue had gone out of him, turned him about in the press, and said, Who touched my clothes?

Mar 5:31 And his disciples said unto him, Thou seest the multitude thronging thee, and sayest thou, Who touched me?

Mar 5:32 And he looked round about to see her that had done this thing.

Mar 5:33 But the woman fearing and trembling, knowing what was done in her, came and fell down before him, and told him all the truth.

Mar 5:34 And he said unto her, Daughter, thy \_\_\_\_\_ hath made thee \_\_\_\_\_; go in peace, and be whole of thy plague.

**Note:** The word “said” in “she said” might best be translated as “she said and kept on saying.” Some Bibles do translate it that way. Suggest that you read the same story in the Amplified Bible.

**13. With faith (i.e., believing and confessing) and patience, Heb 6:12 you inherit the promise.**

Heb 6:12 That ye be not slothful, but followers of them who through faith and patience inherit the promises.

**14. Your words release the anointing.**

**Phil 2:16a; Rom 1:16;  
Rom 10:15; Matt 28:18-20**

Phi 2:16 Holding forth the **word of life**; that I may rejoice in the day of Christ, that I have not run in vain, neither laboured in vain.

Rom 1:16 For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek.

Rom 10:15 And how shall they preach, except they be sent? as it is written, How beautiful are the feet of them that preach the gospel of peace, and bring glad tidings of good things!

Mat 28:18 And Jesus came and spake unto them, saying, All power is given unto me in heaven and in earth.

Mat 28:19 Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost:

Mat 28:20 Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, [even] unto the end of the world. Amen.

**15. The anointing destroys the yoke.**

**Isaiah 10:27**

Isa 10:27 And it shall come to pass in that day, [that] his burden shall be taken away from off thy shoulder, and his yoke from off thy neck, and the yoke shall be destroyed because of the anointing.

**16. Your anointed words bring healing.**

**James 5:15-16**

Jam 5:15 And the prayer of \_\_\_\_\_ shall save the \_\_\_\_\_, and the Lord shall raise him up; and if he have committed sins, they shall be \_\_\_\_\_ him.

Jam 5:16 \_\_\_\_\_ [your] faults one to another, and pray one for another, that ye may be \_\_\_\_\_. The effectual fervent prayer of a righteous man availeth much.

**17. Hold fast to your confession.**

**Heb 10:23**

Heb 10:23 Let us hold fast the profession of [our] faith without wavering; (for he [is] faithful that promised;)

**18. You can call things that be not, as though they were. Rom 4:17**

Rom 4:17 (As it is written, I have made thee a father of many nations,) before him whom he believed, [even] God, who quickeneth the dead, and calleth those things which be not as though they were.