

Pathways to Healing Exercise

A. Sacramental Stepping Stones

Fill in the blanks from the King James Version (KJV).

- Joh 3:3 Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be _____ again, he cannot see the kingdom of _____.
- Josh 1:8 This book of the law shall not depart out of thy _____; but thou shalt _____ therein day and night, that thou mayest observe to _____ according to all that is written therein: for then thou shalt make thy way _____, and then thou shalt have good success.
Note: One of the meanings of the word “Meditate” is “Mutter” (i.e., to speak softly over and over under one’s breath). This is what we do when we affirm the Word of God, declaring a Scriptural verse repeatedly over our bodies or lives. Notice the Word of God, in Joshua 1:8, states that we should keep the Word of God in our mouth always.
- Mar 16:15 And he said unto them, Go ye into all the world, and preach the gospel to every creature.
- Mar 16:16 He that _____ and is _____ shall be saved; but he that believeth not shall be damned.
- Mar 16:17 And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues;
- Heb 10:25 Not forsaking the assembling of ourselves together, as the manner of some [is]; but exhorting [one another]: and so _____ the _____, as ye see the day _____
- Joh 1:33 And I knew him not: but he that sent me to baptize with water, the same said unto me, Upon whom thou shalt see the Spirit _____, and _____ him, the same is he which _____ with the Holy Ghost.
- Act 2:4 And they were _____ with the Holy Ghost, and began to speak with other _____, as the Spirit gave them utterance.
- Act 19:1 And it came to pass, that, while Apollos was at Corinth, Paul having passed through the upper coasts came to Ephesus: and finding certain _____,
- Act 19:2 He said unto them, Have ye received the _____ since ye _____? And they said unto him, We have not so much as heard whether there be any Holy Ghost.
- Act 19:3 And he said unto them, Unto what then were ye baptized? And they said, Unto John's baptism.
- Act 19:4 Then said Paul, John verily baptized with the baptism of repentance, saying unto the people, that they should believe on him which should come after him, on Christ Jesus.
- Act 19:5 When they heard [this], they were _____ in the name of the Lord Jesus.
- Act 19:6 And when Paul had laid [his] hands upon them, the _____ came on them; and they spake with _____, and prophesied.
- 1Co 14:2 For he that speaketh in an [unknown] tongue speaketh not unto men, but unto _____: for no _____ understandeth [him]; howbeit in the spirit he speaketh mysteries.
- 1Co 14:3 But he that prophesieth speaketh unto men [to] edification, and exhortation, and comfort.
- 1Co 14:4 He that speaketh in an [unknown] tongue _____ himself; but he that _____ edifieth the church.

- Eph 6:18 Praying _____ with all prayer and supplication in the _____, and watching thereunto with all perseverance and supplication for all saints;
- Jud 1:20 But ye, beloved, _____ up yourselves on your most holy faith, praying in the _____,
- Jud 1:21 Keep yourselves in the _____ of God, looking for the mercy of our Lord Jesus Christ unto eternal life.
- Gal 5:16 [This] I say then, _____ in the _____, and ye shall not fulfil the _____ of the _____.
- 1Th 5:22 Abstain from all _____ of evil.
- 1Th 5:23 And the very God of peace sanctify you wholly; and [I pray God] your whole _____ and _____ and _____ be preserved _____ unto the coming of our Lord Jesus Christ.
- Col 3:17 And whatsoever ye do in _____ or _____, [do] all in the _____ of the Lord Jesus, giving thanks to God and the Father by him.
- Col 3:23 And whatsoever ye _____, _____ [it] heartily, as to the _____, and not unto _____;
- Psa 19:14 Let the _____ of my _____, and the meditation of my _____, be acceptable in thy sight, O LORD, my strength, and my redeemer.
- Luk 10:2 said he unto them, The harvest truly [is] great, but the labourers [are] few: pray ye therefore the Lord of the harvest, that he would send forth labourers into his harvest.
- Luk 10:8 And into whatsoever city ye enter, and they receive you, _____ such things as are _____ before you:
- Luk 10:9 And _____ the _____ that are therein, and say unto them, The kingdom of God is come _____ unto you.
- Luk 10:19 Behold, I give unto you _____ to tread on serpents and scorpions, and over all the _____ of the _____: and nothing shall by any means _____ you.

B. Daily Steps for Divine Health (DSDH)

- Place the list of Daily Steps (DSDH) in a prominent place.
 - a) You will find the list in Semester 1 Module 18
- Review the DSDH list daily.
 - a) Select from the DSDH list 3 items which you are currently doing.

 - b) Select from the DSDH list 3 items which you are currently **not** doing.

 - c) Select from the DSDH list 1 item which you plan to start this week.

- Set three goals to make changes in your lifestyle so as to be able to incorporate additional items from the DSDH list into your life.

C. Healing Methods

- Jam 5:14 Is any _____ among you? let him call for the _____ of the church; and let them pray over him, _____ him with _____ in the name of the Lord:

- Jam 5:15 And the _____ of _____ shall save the _____, and the Lord shall raise him up; and if he have committed _____, they shall be forgiven him.
- Jam 5:16 _____ [your] faults one to another, and pray one for another, that ye may be _____. The effectual fervent prayer of a righteous man availeth much.
- Mat 18:18 Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven.
- Mat 18:19 Again I say unto you, That if two of you shall _____ on earth as touching _____ that they shall _____, it shall be _____ for them of my Father which is in heaven.
- Mar 11:24 Therefore I say unto you, what things soever ye desire, when ye pray, _____ that ye _____ [them], and ye _____ have [them].
- Mar 16:17 And these _____ shall follow them that _____; In my name shall they cast out devils; they shall speak with new _____;
- Joh 14:14 If ye shall _____ any thing in my name, I will _____ [it].
- Mar 16:18 They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall _____ on the sick, and they shall _____.
- Mar 11:24 Therefore I say unto you, _____ ye _____, when ye pray, believe that ye receive [them], and ye shall have [them].
- Heb 10:23 Let us hold _____ the _____ (*or confession*) of [our] faith without wavering; (for he [is] faithful that promised;)
- 1Co 11:23 For I have received of the Lord that which also I delivered unto you, That the Lord Jesus the [same] night in which he was betrayed took _____:
- 1Co 11:24 And when he had given thanks, he brake [it], and said, Take, eat: this is _____, which is _____ for you: this do in remembrance of me.
- 1Co 11:25 After the same manner also [he took] the cup, when he had supped, saying, This cup is the _____ testament in my _____: this do ye, as _____ as ye _____ [it], in remembrance of me.
- 1Co 11:26 For as often as ye eat this bread, and drink this cup, ye do _____ the Lord's death till he come.
Note: The Greek word for “Shew,” which is Old English for “show,” means: speak of, enact, re-live, demonstrate, **put into action or force** (*i.e., initiate, begin or establish*).
- Psa 8:2 Out of the mouth of babes and sucklings hast thou ordained (*or founded, i.e., established*) _____ because of thine enemies, that thou mightest _____ the enemy and the avenger.
Note: In Matt 21:16, referring to this verse, Jesus says, “Thou hast perfected praise.”
- Rom 8:26 Likewise the Spirit also _____ our infirmities: for we know not what we should pray for as we ought: but the Spirit itself _____ for us with _____ which cannot be uttered.
- 1Co 14:2 For he that speaketh in an [unknown] tongue speaketh not unto men, but unto God: for no man understandeth [him]; howbeit in the spirit he speaketh _____.
- 1Co 14:14 For if I pray in an [unknown] tongue, my _____ prayeth, but my _____ is unfruitful.
- Isa 58:6 [Is] not this the _____ that I have chosen? to _____ the bands of wickedness, to undo the heavy _____, and to let the oppressed go free, and that ye break every _____?

- Isa 58:7 [Is it] not to deal thy _____ to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh?
- Isa 58:8 Then shall thy light break forth as the morning, and thine _____ shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy _____ (i.e. rear guard).
- 1Co 12:4 Now there are diversities of _____, but the same Spirit.
- 1Co 12:5 And there are differences of _____, but the same Lord.
- 1Co 12:6 And there are diversities of _____, but it is the same God which worketh all in all.
- 1Co 12:7 But the _____ of the Spirit is given to every man to profit withal.
- 1Co 12:8 For to one is given by the Spirit the word of _____; to another the word of _____ by the same Spirit;
- 1Co 12:9 To another _____ by the same Spirit; to another the gifts of _____ by the same Spirit;
- 1Co 12:10 To another the working of _____; to another _____; to another _____ of spirits; to another [divers] _____ of tongues; to another the _____ of tongues:
- 1Co 12:11 But all these worketh that one and the selfsame Spirit, dividing to every man severally as he will.
- Mat 12:29 Or else how can one enter into a _____ man's house, and spoil his goods, except he first _____ the strong man? and then he will spoil his house.
- Luk 10:19 Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the _____: and _____ shall by any means hurt you.
- Luk 10:20 Notwithstanding in this rejoice not, that the spirits are _____ (i.e., *they must be obedient*) unto you; but rather rejoice, because your names are written in heaven.
- Luk 11:17 But he, knowing their thoughts, said unto them, Every kingdom _____ against itself is brought to desolation; and a house [divided] against a house _____.
- Luk 11:18 If Satan also be divided against _____, how shall his _____ stand? because ye say that I cast out devils through Beelzebub.
- Luk 11:19 And if I by Beelzebub cast out devils, by whom do your sons cast [them] out? therefore shall they be your judges.
- Luk 11:20 But if I with the finger of _____ cast out devils, no doubt the kingdom of _____ is _____ upon you.
- Luk 11:21 When a strong man armed keepeth his palace, his goods are in peace:
- Luk 11:22 But when a _____ than he shall come upon him, and overcome him, he taketh from him all his armour wherein he trusted, and _____ his spoils.
- Luk 11:23 He that is not with me is against me: and he that gathereth not with me scattereth.
- Luk 11:24 When the _____ spirit is gone out of a man, he walketh through dry places, seeking rest; and finding none, he saith, I will _____ unto my house whence I came out.
- Luk 11:25 And when he cometh, he findeth [it] swept and garnished.
- Luk 11:26 Then goeth he, and taketh [to him] _____ other spirits more wicked than himself; and they _____ in, and dwell there: and the last [state] of that man is _____ than the first.

D. Profession of Your Faith (Affirmations)

- Purpose: a) Beside thanking God, list 2 other reasons for the Prayer of Affirmation (i.e., for declaring the Word of God over yourself).
1) _____
2) _____

Note: For help, refer to Semester 1 Modules 19 & 20 Forty-three Reasons for Affirming the Word.

- Context a) When do you believe that you receive the answer to your prayer? _____
b) The Point of Contact is when you choose to release your faith. It is the point in time when you believe that you have received your healing. For each type of prayer below, state the point of contact.
Prayer of Faith _____
Prayer of Agreement _____
Anointing with Oil _____
- Process a) Why is it important to confess your sins before affirming your healing?

b) Why is it important to include the Name of Jesus in the affirmation of the Healing Scripture?

c) Why is it important to say the affirmations aloud?

d) Why is it important to count the number of affirmations?

- History a) Journal and logs are excellent. In challenging times, they help to remind us of how God had previously delivered us from situations which may have seemed impossible at that time.
b) Logs give us a basis for evaluating the effects of changes in the number of daily affirmations and for measuring progress.