

Understanding Curse Breaking

Overview: During the course of Semester 1 and now in Semester 2 we have been working to sensitize you to sin in your life. The purpose is not to make you sin-conscious, because Jesus' blood has paid for all your sins and you are the righteousness of God in Christ Jesus and you should not accept guilt and condemnation, but to help you identify and overcome the strongholds of the evil-one in your life.

Goal: To become the Glorious Church without spot or wrinkle by identifying sins and strongholds and breaking the curses behind those sins. You are to tear down and dismantle the strongholds that the evil one has erected around your life. The deeper and more detailed you list your sins/curses, the better will be the results of breaking the strongholds.

Process:

- A. Start with your current/most recent sins. What sins do you find yourself committing most often? Put them into sin categories such as fear, offense, unforgiveness, anger etc. Then take one of the categories such as fear. Pray and ask the Lord to show you ways in which fear is affecting your life and try to identify high-level categories: e.g., fear of man, fear of failure, fear of dogs, fear of poverty, etc.

Using the Prayer for Breaking Curses (Sem 1 Module 16), confess the sin of fear with a partner (see below) and read the entire prayer. At the end of each line item, your partner will agree with you by saying, "I agree with you in the Name of Jesus." Repeat the process of praying and breaking curses with each of the high-level categories.

- B. Next, after the breaking of curses for the high-level categories, focus on the details. As God brings to memory the previous times when you have committed sins within a particular category, keep listing those sins, getting as specific as possible relating to persons, events, words or actions of sin. Keep it specific and avoid generalities; e.g., unforgiveness when my brother broke a window and blamed me. Note: not simply unforgiveness toward my brother.
- C. Once you have identified the specific sins and curses within a given high-level category which has previously been broken, then get together again with your partner and break the detailed curses by using the Prayer for Breaking Curses (see below). Continue on to the next high-level category and repeat the process again. Keep doing it for all the sins of which you are aware.
- D. The next step is to use the Word of God to stop giving-in to sin in those areas (i.e., find a Scripture and make an affirmation out of it). The more you implement these 2 items into your life (i.e., breaking curses and affirming the Word), the stronger your will to resist the sins will become through the power of the Holy Spirit. As your will gets stronger, the weaker the sins and the strongholds become; and the weaker will be the demons, devils and evil spirits behind them.

- E.** It is essential to make this process into a lifestyle. As God reveals sins, sin patterns, and strongholds, keep repeating the entire process starting with the high-level and then down to the more detailed.

Additional Considerations:

Be on constant guard against sinful attitudes, intentions, desires, thoughts, memories, words, actions and deeds. Remember, anything which violates any one of the nine parts of the Fruit of the Spirit is a sin. When you do sin, CRRB every sin (i.e., confess, repent, renounce, break).

In addition, *frequently*, when you are not aware of committing any sin, pause and ask the Lord to cleanse you of the ones of which you are unaware. Then ask the Lord to continue to reveal to you your unknown sins and help you not to do them again.

These daily lifestyle choices are essential to develop in order to create a spiritual atmosphere around our lives that minimizes demonic influences. Be particularly vigilant in the areas in which you have broken curses.

A Sample Prayer for Breaking Curses

1. In the Name of Jesus, I repent of the sin of _____
(Example: Calling myself fat)
2. In the Name of Jesus I forgive every person from my heart who has participated in this sin or caused me to sin or been affected by this sin.
3. In the Name of Jesus, I renounce Satan and every demon, devil and evil spirit behind this sin.
4. In the Name of Jesus, I take away the legal right of Satan, every demon, devil and evil spirit to operate on me, my body or my life because of this sin.
5. In the Name of Jesus, I break every ungodly soul tie to this sin and to every person and spiritual being connected to or behind this sin.
6. In the Name of Jesus, I break every curse, every vow, every covenant, every contract, every hold, every hook, and every connection to evil, resulting from this sin.
7. In the Name of Jesus, I have been set free by Jesus Christ. He/She whom the Son sets free, is free indeed.