

ABC Healing School Semester 2 Day One

Homework Assignments

1. Do all exercises as instructed (Fill in the Blanks, True or False, Match, etc.).
2. Read all the hand-outs.
3. Memorize James 5:14-15.
4. Prayers for Heart, Soul, Mind and Tongue:
 - (a) There are two copies: one for you to leave in your notebook and one for you to take out to put somewhere for easy access and reference (e.g., your bathroom mirror).
 - (b) Read aloud each of these prayers by yourself for yourself **daily** until the next class.
5. Write out and bring with you to the next class a list of sins/curses:
 - A. Words:**
 - *Possible high-level categories:* Curses against self, from doctors, from parents, from schoolmates, from teachers etc.
 - *Details within each category:* Calling myself stupid, Dr. said I was sickly, Uncle said I was worthless and would never amount to anything, I said I would do anything to not be like my mother etc.

B. People who have offended you (unforgiveness).

- *Possible high-level categories:* Spouses, ex-spouses, friends, schoolmates, bosses, employees etc.
- *Details within each category:* offended when co-worker criticized my work, last year when daughter didn't call me for my birthday, Pastor didn't say hello last Sunday, husband criticized me in public at church 10 years ago.

C. Substance Abuse/Addiction:

- *Possible high-level categories:* Alcohol, illegal drugs, prescription drugs, sugar, video games, television, hard rock, sports etc.