

Healing Through Communion Exercise

(1) Communion – The Lord’s Table

The Last Supper

Matt 26:26; Mark 14:22; Luke 22:15

- Mat 26:26 And as they were eating, Jesus took bread, and blessed [it], and brake [it], and gave [it] to the disciples, and said, Take, eat; this is my _____.
- Mat 26:27 And he took the cup, and gave thanks, and gave [it] to them, saying, Drink ye all of it;
- Mat 26:28 For this is my _____ of the new testament, which is shed for many for the _____ of sins.

Note: Remission means: a) Releasing from guilt or penalty, b) Restoring to former status or condition.

- Mat 26:29 But I say unto you, I will not drink henceforth of this fruit of the vine, until that day when I drink it new with you in my Father's kingdom.
 - Mar 14:22 And as they did eat, Jesus took bread, and blessed, and brake [it], and gave to them, and said, Take, eat: _____ is my body.
 - Mar 14:23 And he took the cup, and when he had given thanks, he gave [it] to them: and they all drank of it.
 - Mar 14:24 And he said unto them, This is my blood of the new _____, which is shed for many.
 - Mar 14:25 Verily I say unto you, I will drink no more of the fruit of the vine, until that day that I drink it new in the kingdom of God.
 - Luk 22:13 And they went, and found as he had said unto them: and they made ready the passover.
 - Luk 22:14 And when the hour was come, he sat down, and the twelve apostles with him.
 - Luk 22:15 And he said unto them, With desire I have desired to eat this passover with you before I suffer:
 - Luk 22:16 For I say unto you, I will not any more eat thereof, until it be fulfilled in the kingdom of God.
 - Luk 22:17 And he took the cup, and gave thanks, and said, Take this, and divide [it] among yourselves:
 - Luk 22:18 For I say unto you, I will not drink of the fruit of the vine, until the kingdom of God shall come.
 - Luk 22:19 And he took bread, and gave thanks, and brake [it], and gave unto them, saying, This is my _____ which is given for you: this do in _____ of me.
- Note:** The word translated as “remembrance” also means re-enact, re-do or demonstrate.
- Luk 22:20 Likewise also the cup after supper, saying, This cup is the new testament in my blood, which is shed for _____.

The Passover Lamb

Exodus 11:10 to 12:13

- Exo 11:10 And Moses and Aaron did all these wonders before Pharaoh: and the LORD hardened Pharaoh's heart, so that he would not let the children of Israel go out of his land.
- Exo 12:1 And the LORD spake unto Moses and Aaron in the land of Egypt, saying,
- Exo 12:2 This month [shall be] unto you the beginning of months: it [shall be] the first month of the year to you.
- Exo 12:3 Speak ye unto all the congregation of Israel, saying, In the tenth [day] of this month they shall take to them every man a _____, according to the house of [their] fathers, a lamb for an _____:

- Exo 12:4 And if the household be too little for the lamb, let him and his neighbour next unto his house take [it] according to the number of the souls; every man according to his eating shall make your count for the lamb.
- Exo 12:5 Your lamb shall be without _____, a male of the first year: ye shall take [it] out from the sheep, or from the goats:
- Exo 12:6 And ye shall keep it up until the _____ day of the same month: and the whole assembly of the congregation of Israel shall _____ it in the evening.
- Exo 12:7 And they shall take of the _____, and strike [it] on the two side _____ and on the upper _____ post of the houses, wherein they shall eat it.
- Exo 12:8 And they shall _____ the _____ in that night, roast with fire, and unleavened bread; [and] with bitter [herbs] they shall eat it.
- Exo 12:9 Eat not of it raw, nor sodden at all with water, but roast [with] fire; his head with his legs, and with the purtenance thereof. **Note:** all of the entire lamb.
- Exo 12:10 And ye shall let _____ of it remain until the morning; and that which remaineth of it until the morning ye shall burn with fire.
- Exo 12:11 And thus shall ye eat it; [with] your loins girded, your shoes on your feet, and your staff in your hand; and ye shall eat it in haste: it [is] the LORD'S _____.
- Exo 12:12 For I will pass through the land of Egypt this night, and will smite all the firstborn in the land of Egypt, both man and beast; and against all the gods of Egypt I will execute judgment: I [am] the LORD.
- Exo 12:13 And the _____ shall be to you for a token upon the houses where ye [are]: and when I see the _____, I will pass over you, and the _____ shall not be upon you to _____ [you], when I smite the land of Egypt.
- Exo 12:14 And this day shall be unto you for a memorial; and ye shall keep it a feast to the LORD throughout your generations; ye shall keep it a feast by an ordinance for ever.

(2) Receiving Worthily

- 1Co 11:23 For I have received of the Lord that which also I delivered unto you, That the Lord Jesus the [same] night in which he was _____ took bread:
- 1Co 11:24 And when he had given thanks, he brake [it], and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me.
- 1Co 11:25 After the same manner also [he took] the cup, when he had supped, saying, This cup is the new testament in my blood: this do ye, as _____ as ye drink [it], in remembrance of me.
- 1Co 11:26 For as often as ye eat this bread, and drink this cup, ye do _____ the Lord's death till he come.

Note: the Greek word for “Shew.” which is Old English for “show,” means speak of, enact, re-live, demonstrate, **put into action or force** (*i.e., initiate, begin or establish*).

- 1Co 11:27 Wherefore whosoever shall eat this bread, and drink [this] cup of the Lord, _____, shall be guilty of the body and blood of the Lord.
- 1Co 11:28 But let a man _____ himself, and so let him eat of [that] bread, and drink of [that] cup.
- 1Co 11:29 For he that eateth and drinketh _____, eateth and drinketh damnation to himself, not _____ the Lord's body.

Note: “Unworthily” is an adverb, not an adjective. An adjective would describe the person who is receiving. Since this is not an adjective, it does not describe the believer. The believer is worthy because Jesus paid the price. Read 2 Cor 5:21. However, the adverb describes the process of

receiving. The process (i.e., the action of receiving) can be done in an unworthy manner either by not confessing your sins (i.e., judging yourself); or by not judging the body (i.e., understanding that the body of Jesus paid the total price for your healing and health).

- 1Co 11:30 For this cause many are weak and sickly among you, and many sleep.
Note: “Sleep” means die in the flesh (i.e., physical death).
- Isa 53:2 For he shall grow up before him as a tender plant, and as a root out of a dry ground: he hath no form nor comeliness; and when we shall see him, [there is] no beauty that we should desire him.
- Isa 53:3 He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were [our] faces from him; he was despised, and we esteemed him not.
- Isa 53:4 Surely he hath borne our _____, and carried our _____: yet we did esteem him stricken, smitten of God, and afflicted.
- Isa 53:5 But he [was] _____ for our _____, [he was] _____ for our _____: the chastisement of our peace [was] upon him; and with his _____ we are _____.
Note: Assignment: Read Isaiah 53:4-5 in the Amplified version.
- Mat 8:16 When the even was come, they brought unto him many that were possessed with devils: and he cast out the spirits with [his] word, and _____ that were sick:
- Mat 8:17 That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our _____, and bare [our] _____.
- 1Pe 2:24 Who his own self bare our _____ in his own _____ on the tree, that we, being dead to sins, should live unto _____: by whose _____ ye were _____.
- 1Co 11:31 For if we would _____ ourselves, we should not be _____
Note: Judge yourself and confess your sins frequently, many times per day. Remain under the umbrella of protection of the Blood of Jesus by breaking the hold of sin on your body.
- 1Co 11:32 But when we are judged, we are chastened of the Lord, that we should not be _____ with the world. Read Romans 8:1,2
- Jam 5:14 Is any _____ among you? let him call for the elders of the church; and let them pray over him, _____ him with oil in the name of the Lord:
- Jam 5:15 And the prayer of faith shall _____ the sick, and the Lord shall raise him up; and if he have committed _____, they shall be _____ him.
- Jam 5:16 _____ [your] faults one to _____, and pray one for another, that ye may be _____. The effectual fervent prayer of a righteous man availeth much.
- 1Jo 1:8 If we say that we have no sin, we deceive ourselves, and the truth is not in us.
- 1Jo 1:9 If we _____ our sins, he is faithful and just to forgive us [our] sins, and to cleanse us from _____ unrighteousness.
Note: You confess the ones you know. He will cleanse you of all, even the unknown.
- Mat 6:9 After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.
- Mat 6:10 Thy kingdom come. Thy will be done in earth, as [it is] in heaven.
- Mat 6:11 Give us this day our daily bread.
- Mat 6:12 And _____ us our debts, as we _____ our debtors.
Note: You must confess your sins and forgive others before you pray this prayer or else you loose condemnation (i.e., judgment with its sickness and disease) on yourself.
- Mat 6:13 And lead us not into _____, but deliver us from _____: For thine is the kingdom, and the power, and the glory, for ever. Amen.

- Mat 6:14 For if ye _____ men their trespasses, your heavenly Father will also _____:
- Mat 6:15 But if ye forgive _____ men their _____, neither will your Father forgive _____ trespasses.
- Mat 18:21 Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times?
- Mat 18:22 Jesus saith unto him, I say not unto thee, Until seven times: but, Until _____ times _____.
- Mat 18:23 Therefore is the kingdom of heaven likened unto a certain king, which would take account of his servants.
- Mat 18:24 And when he had begun to reckon, one was brought unto him, which owed him ten thousand talents.
- Mat 18:25 But forasmuch as he had not to pay, his lord commanded him to be sold, and his wife, and children, and all that he had, and payment to be made.
- Mat 18:26 The servant therefore fell down, and worshipped him, saying, Lord, have patience with me, and I will pay thee all.
- Mat 18:27 Then the lord of that servant was moved with compassion, and loosed him, and forgave him the debt.
- Mat 18:28 But the same servant went out, and found one of his fellowservants, which owed him an hundred pence: and he laid hands on him, and took [him] by the throat, saying, Pay me that thou owest.
- Mat 18:29 And his fellowservant fell down at his feet, and besought him, saying, Have patience with me, and I will pay thee all.
- Mat 18:30 And he would not: but went and cast him into prison, till he should pay the debt.
- Mat 18:31 So when his fellowservants saw what was done, they were very sorry, and came and told unto their lord all that was done.
- Mat 18:32 Then his lord, after that he had called him, said unto him, O thou wicked servant, I _____ thee all that _____, because thou desiredst me:
- Mat 18:33 _____ not thou also have had _____ on thy fellowservant, even as I had _____ on thee?
- Mat 18:34 And his lord was wroth, and delivered him to the _____, till he should pay all that was due unto him.
- Mat 18:35 So _____ shall my heavenly Father _____ also unto _____, if ye from your hearts _____ every one his brother their trespasses.

(3) Cup of Blessing

- 1Co 10:5 But with many of them God was not well pleased: for they were overthrown in the wilderness.
- 1Co 10:6 Now these things were our _____, to the intent we should not _____ after _____ things, as they also lusted.
- 1Co 10:7 Neither be ye idolaters, as were some of them; as it is written, The people sat down to eat and drink, and rose up to play.
- 1Co 10:8 Neither let us commit fornication, as some of them committed, and _____ in one day three and twenty thousand. **Note:** "Fell" means died.
- 1Co 10:9 Neither let us tempt Christ, as some of them also tempted, and were destroyed of serpents.

- 1Co 10:10 Neither _____ ye, as some of them also murmured, and were _____ of the destroyer.
- 1Co 10:11 Now all these things happened unto them for ensamples: and they are written for our admonition, upon whom the ends of the world are come.
- Rom 6:11 Likewise reckon ye also yourselves to be _____ indeed unto _____, but _____ unto God through Jesus Christ our Lord.
- 1Co 10:12 Wherefore let him that thinketh he standeth take heed lest he fall.
- 1Co 10:13 There hath no temptation taken you but such as is common to man: but God is faithful, who will not _____ (i.e. allow) you to be _____ above that ye are able; but will with the temptation also make a way to _____, that ye may be able to bear it.
Note: How much God allows is determined by the Word of God to which you have been exposed (i.e., heard). You are responsible for what you have heard. God cannot break His Word. God enables your escape through the Word on which you have previously acted (i.e., to put it into your heart).
- 1Co 10:14 Wherefore, my dearly beloved, flee from _____.
- 1Co 10:15 I speak as to wise men; judge ye what I say.
Note: All sin can be viewed as a form of idolatry.
- 1Co 10:16 The cup of _____ which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?
- 1Co 10:17 For we being many are one bread, and one body: for we are all partakers of that one bread.
- Mat 26:41 _____ and _____, that ye enter not into temptation: the spirit indeed [is] willing, but the flesh [is] weak.
- 2Pe 1:2 _____ and peace be _____ unto you through the knowledge of God, and of Jesus our Lord,
- 2Pe 1:3 According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue:
- 2Pe 1:4 Whereby are given unto us exceeding _____ and _____ promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.
- Jam 1:13 Let no man say when he is _____, I am _____ of God: for God cannot be tempted with evil, neither _____ he any man:
- Jam 1:14 But every man is tempted, when he is _____ away of his _____ lust, and enticed.
- Jam 1:15 Then when lust hath conceived, it bringeth forth _____: and sin, when it is _____, bringeth forth _____.
- .Eph 1:3 Blessed [be] the God and Father of our Lord Jesus Christ, who hath blessed us with _____ spiritual blessings in heavenly places in Christ:
- 1Co 11:24 And when he had given thanks, he brake it, and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me.
- 1Co 11:25 After the same manner also [he took] the cup, when he had supped, saying, This cup is the new testament in my blood: this do ye, as oft as ye drink [it], in remembrance of me.
Note: Assignment: Read 1 Cor 11:25 in the Amplified version.
- Isa 43:25 I, [even] I, [am] he that blotteth out thy _____ for mine own sake, and will not _____ thy sins.

- Isa 43:26 Put me in _____: let us plead together: declare thou, that thou mayest be _____.
Note: “Justified” means just as if you never sinned.
- Isa 46:9 Remember the former things of old: for I am God, and there is none else; I am God, and there is none like me,
- Isa 46:10 Declaring the end from the beginning, and from ancient times the things that are not yet done, saying, My counsel shall stand, and I will do all my pleasure:
- Isa 46:11b.: yea, I have _____ it, I will also bring it to pass; I have _____ it, I will also do it.
- 2Ch 16:9 For the eyes of the LORD run to and fro throughout the whole earth, to shew himself _____ in the behalf of [them] whose heart [is] _____ toward him.
- Isa 55:10 For as the rain cometh down, and the snow from heaven, and returneth not thither, but watereth the earth, and maketh it bring forth and bud, that it may give seed to the sower, and bread to the eater:
- Isa 55:11 So shall my _____ be that goeth forth out of my mouth: it shall not return unto me _____, but it shall _____ that which I please, and it shall _____ in the thing whereto I sent it.