

## **Healing Through Communion**

**Overview:** Communion is intimate fellowship in the companionship of friends or equals.

## A. Communion – The Lord's Table

1.	The Last Supper.	Matt 26:26; Mark 14:22; Luke 22:15
2.	The Passover Lamb.	Exodus 11:10 - 12:13

## **B.** Receiving Worthily

1. Receive in a knowledgeable and faith filled manner.

a.	Eat worthily to avoid sickness and death.	1 Cor 11:23-30		
b.	Jesus bore our sicknesses and diseases.	Isaiah 53:4-5 Ampl		
c.	Jesus bore our infirmities and sicknesses.	Matt 8:17		
d.	Healed by the stripes (wounds) on His back.	1 Peter 2:24		
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2 Receive in a Holy manner

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a.	Judge yourself that you might not be judged.	1 Cor 11:31-32
b.	Confess your sins that you might be healed.	James 5:16
c.	Receive your forgiveness.	1 John 1:9
d.	Forgive all others.	Matt 6: 9-15
e.	Lest you give yourself to the tormentors.	Matt 18:21-35

## C. Cup of Blessing

1.	Flee sin.	1 Cor 10:5-11
2.	All sins have been paid for	1 Pet 2:24
3.	Reckon yourself dead to sin.	Romans 6:11
4.	God has provided a way out of the temptation.	1 Cor 10:12-14
5.	Communion is the way out of temptation.	1 Cor 10:15-17
6.	Pray lest you enter into temptation.	Matt 26:41
7.	Great and precious promises.	2 Peter 1:4; James 1:13-15
8.	We have all spiritual blessings.	Ephesians 1:3
9.	The Cup of Blessing is the point of contact.	1 Corinthian 11:25 Ampl
10	Put me in remembrance; I will do it; eyes to/fro.	Isaiah 43:26; 46:11; 2 Chron 16:9
11.	His Word shall not return void to Him.	Isaiah 55:11

Suggestion: Receive Communion frequently, at least twice per day. Get a Communion partner.