

Fruit of the Spirit Table Exercise

1. Instructors should give directions as to how the exercise is to be done before passing out the handout. Indicate the direction of the flow of passing the sheets of paper that is to be followed from one student to the next.
2. The students should put their names and the date at the top of the paper.
3. Stress that of the 9 Fruit listed, we are to checkmark only 5 of what we observe as the persons strongest characteristics.
4. If the student does not know the person,
 - a) pass, or
 - b) ask the Holy Spirit what He would have you mark.
5. Student should not place marks on their own sheet.
6. We want students to have only one person's paper at a time. So we will say, "Please pass" when we want students to hand whose ever paper they have to the person to the right of him/her. When student receives his/her own paper back with his/her own name, stop.

Comments for Afterwards

1. Count the marks in the rating section of each Fruit. Place that total under that Fruit.
2. Be appreciative of your highs. This is what your peers think of you.
3. Don't be discouraged by the lows. The lows are not relative to other people. They are only relative to you personally. Your Fruit with the lowest number of marks may be higher than the highs of others; higher in spiritual quality than the spiritual quality of others.
4. For you, your 2 lowest numbers identify the two parts of the Fruit of the Spirit where you might desire to focus your efforts at growing in the Fruit.

5. In the future, when you participate in this exercise, remember that, as your marks improve on the parts of the Fruit where you are currently low, then your highest marks will probably go down lower.
6. Remember also, that even Jesus Who is perfect could not get a perfect score in this exercise because we are only allowed to mark 5 out of 9.
7. Questions to ponder, without answering out loud, but between you and the Holy Spirit.
 - Did you become impatient; or did you experience or display any impatience during this exercise?
 - Did you at any time have more than one sheet that you needed to mark before passing them on?
 - Did you experience a change in your Joy, Peace and Patience?