

ABC Healing School
Semester 2 Module 16
The Cycle of Change Part 1 – How it Works
Homework Assignments

1. Read all the hand-outs including looking up and reading aloud all Scriptures.
2. Create a Faith Action Plan for transforming your heart using the Cycle of Change.
 - 1) General Steps
 - a) What works/actions will you do?
 - b) Refer to Primary & Secondary Methods of Healing and to Pathways of Healing (Module 2).
 - c) Use Cycle of Change to help you.
 - 2) Specific Steps
 - a) Identify the need for which you desire a faith plan.
 - b) Find 2 Scriptures which pertain to the need.
 - c) Memorize the 2 Scriptures.
 - d) Speak them in Affirmation form.
 - e) Do the works/actions (e.g., avoid liquor stores if you are challenged with alcohol).
 - f) Use the Healing Methods to work on the challenge.
 - g) Measure every step as you work on the challenge.
3. Write out and bring with you to class on Sunday, September 15th, a list of sins/curses:
 - A. Fear.**
 - *Possible high-level categories:* Fear of man, fear of animals, fear of heights, fear of failure, fear of public speaking, fear of sex, fear of success etc.

- *Details within each category:* Bitten by dog at 6 years old, last Tuesday did not give boss my idea, last year when I didn't call landlord to report problem etc.