

## **Checklist for Manifesting Healing – Part 2**

for ABCers

## **General Comments**

The spiritual actions below are all items which would benefit any believer. However, the order has been arranged especially for ABCers. Because of hisr normal everyday lifestyle and hisr knowledge of healing, the list has been set up so that the focus is on an ABC person attaining the manifestation by him/herself. The expectation is that the symptoms will leave and manifestation will result from the very first action (i.e., from the onset of doing line item 1).

The list starts with the more frequent spiritual actions of a Semester 2 ABCer. One should expect victory on every new line item (i.e., on starting every new action of faith). One should go on to the next line-item action only after a period of standing in Faith on that current line-item action. The assumption is that the ABCer has a lifestyle which includes daily healing maintenance, and into this lifestyle comes an attack of accident, sickness or disease.

## **Prayer Actions in Spiritual Warfare**

- A) Immediate Normal Action
  - 1. Prayer of Authority: Command the symptoms, infirmity, sickness or disease to go.
- B) Check for Hindrances (H) (Wherever you see the (H), this is a place for potential hindrances).
  - 2. (H) Check your spiritual thermostats (Joy, Peace, Patience).
- C) Immediate Warfare
  - 3. Affirmations: Increase from maintenance to warfare (e.g., from 30 to 200 per day).
  - 4. (H) Are you confessing your sins before affirmations?
  - 5. (H) Forgive all others: Search self (actions) and memory for all past sins of unforgiveness.
- D) Near-term Warfare
  - 6. (H) Confess sins before Communion.
  - 7. Communion: Increase from maintenance (daily) to warfare (frequently: e.g., once per hour).
  - 8. Study the Bible.
  - 9. Study Healing in the Bible.
  - 10. (H) Checkup on your words.
  - 11. (H) Checkup on all nine parts of the Fruit of the Spirit.
- E) Long-term Warfare
  - 12. (H) Break curses.
  - 13. (H) Affirm Scriptures to control your tongue.
  - 14. Read the Bible aloud.
  - 15. Play Healing Scriptures aloud 24x7.
  - 16. Play praise/worship music 24x7.
  - 17. Read Healing Scriptures aloud.
  - 18. Sing worship songs.