

## Ministering Healing to Believers

**Definitions** for this document: The minister is the one who provides the teaching and prayer for the ministeree, who is the sick person for whom prayer is being offered.

### A. Evaluating the Subject

#### The Young Believer

1. For the purposes of ministering healing, a young believer is defined to be:
  - a) One who is not Spirit-filled with the evidence of speaking in tongues.
  - b) One who cannot quote chapter and verse of two Scriptures on healing.
2. Anoint the ministeree (i.e., the sick person) with oil.
  - a) Where possible, get two believers (elders) to participate in the anointing.
  - b) The ministers (i.e., elders) should confess their sins to God before starting.
  - c) Read James 5:14-15 aloud (to the sick and to the devil).
  - d) Anoint the sick with oil.
  - e) In the Name of Jesus, command by name the pain, sickness, disease and/or infirmity to go.
  - f) Declare the truth of God's Word and announce that the person has been healed.
  - g) Have the person check to verify that the ailing condition is gone.
- Note:** Steps 3-5 below are usually taught over a period of weeks.
3. Because unforgiveness can be an ongoing sin, have the ministeree forgive all persons who have offended him/her.
  - a) Forgive by name where possible. This might be on-going. As the Holy Spirit brings new faces and names to mind, the ministeree should forgive them.
  - b) Teach the ministeree to watch against new offenses and temptations to walk in unforgiveness. He/She needs to confess these as sin and forgive the offender as soon as he/she realizes it.
  - c) Teach the ministeree how to use 1 John 1:9 to confess his/her sins and to do so frequently during the day and certainly every time he/she commits a sin. The main challenge is with the unknown (secret or unconscious) sins.
4. Affirmations:
  - a) Explain Isaiah 53:4-5, Matthew 8:17, and 1 Peter 2:24, and teach the ministeree to affirm from 50 – 1,000 times per day, "I have been healed by the stripes of Jesus."
  - b) Someone with a brain tumor might alternate with, "My brain has been healed by the stripes of Jesus."
  - c) The number of times one affirms depends on the severity of the challenge, the life expectancy of the person and the commitment level.
5. Communion
  - a) Teach how to receive Holy Communion, partaking of the Lord's Table, as described in 1 Corinthians 11:23-26.
  - b) Teach how to use the Cup of Blessing in 1 Corinthians 10:16 as a point of contact to receive healing.
  - c) The ministeree is urged to receive Communion at least once per day.
  - d) The ministeree should develop a genuine repentance of sinful ways, desire a more godly lifestyle; and commit in his/her heart to move into a sin-free lifestyle.
6. The ministeree should study the Bible daily as the spiritual food which brings healing and all the promises of God.
7. The ministeree should go to church regularly.

### **The Mature Believer**

1. Verify that the ministeree has been anointed with oil.
2. Review that the ministeree has been doing all steps listed under Section A.
3. Worship. Teach the power of anointed Christian music and urge them to play it in their homes as much as possible; 24x7 is wonderful.
4. Healing Recordings: Play healing Scriptures continually.
5. Study healing in the Bible. Get books on Biblical healing: small books, not large ones.
6. Break every curse upon your life and body. Review the teaching outline from Semester 1 Mod 16, Removing Curses from Your Life Part 2.
7. For the very mature believer, the most common challenge is typically a lack of a sufficient number of affirmations of his/her healing. Once is not enough. The more times, the better; some people have done as many as 2,000 times per day.
8. Mature believers should fast on a regular basis; once per week is good.

### **B) The Major Guidelines are Summarized in the Following Documents:**

1. Ministering Scriptural Healing Overview (Sem 2 Mod 23).
2. Removing Curses from Your Life Part 2 (Sem1 Mod 16).
3. Mini Scenarios Part 1 (Sem 1 Mod 15).
4. Mini Scenarios Part 2 (Sem 2 Mod 9).
5. Daily Scenarios (Sem 2 Mod 14).
6. Daily Steps for Walking in Divine Health (Sem 1 Mod 18).
7. Levels of Healing for a Believer (Sem 2 Mod 22).

### **C) Your Preparation to Minister**

1. Confess your sins (1 John 1:9).
2. Invite the Spirit of the Lord to fall afresh upon you (Isa 11:2).
3. Ask based on Mark 11:24; James 1:5 and John 10:4; 16:13 for the Gifts of the Spirit to be in operation.

### **D) Assessment**

1. Diagnostics – Refer to Section B of Ministering Scriptural Healing Overview (Semester 2 Module 23).
2. Check with the Holy Spirit continually as you go through the process.
3. You are ministering healing, not teaching (one-sided), not counseling (multi-dimensional).
4. Build trust and confidence; (a short testimony, then let the ministeree speak freely for 3-5 minutes).
5. Ask questions to focus in on the causes, not the symptoms.
6. If done correctly, at this time the ministeree is actually confessing his/her sins (James 5:16).

### **E) Praying**

1. Praying with the Gifts of the Holy Spirit (1 Cor 12:4-11, esp 11).
2. Praying in faith (Mark 11:24) and in authority (Matt 18:18-19; John 14:14; Mark 16:17).
  - a) Unless directed otherwise by the Holy Spirit, there is only one starting point for praying healing for a believer – oil (James 5:14-15); unless the ministeree has asked for an agreement in prayer (i.e., the Prayer of Agreement) or has come to a healing line.
  - b) If the person is a back-slidden believer, lead him/her in a prayer of recommitment before the anointing with oil.

- c) If the person is a young believer, lead him/her in a prayer of affirming healing after the anointing with oil.
    - 1) When the ministeree repeats a prayer after you, it engages his/her will.
    - 2) The Word comes out of his/her mouth (Prov 4:20-23)
    - 3) He/she learns not to depend on someone to pray for him/her (Heb 4:16).
    - 4) The process of repeating the prayer teaches him/her to learn spiritual warfare.
  - d) For a mature believer, have him/her agree with you after you have prayed in authority.
3. Dealing with the physical.
- a) You curse living things (e.g., germs, viruses, cancers, growths) (Mark 11:14,21).
  - b) You command tissue (e.g., a broken arm to be healed) and non-living things (e.g., poison and allergens to be neutralized).

#### **F) Exit Procedure – Releasing the Ministeree**

- 1. Ministeree ends the ministry:
  - a) Ministeree does not do the assignments.
  - b) Ministeree does not call back.
- 2. Minister ends the ministry:
  - a) Ministeree receives their healing.
  - b) Ministeree successfully fights off challenges.
- 3. Basics for the ministeree to maintain his/her healing on his/her own:
  - a) Confess sins before approaching God. 1 John 1:9
  - b) Read the Bible daily and be a doer of it. James 1:22-25
  - c) Continue to do affirmations on the area recently healed – gradually decreasing the amount until he/she reaches a maintenance level of approximately 25.
  - d) Attend church regularly, especially one which believes and teaches healing. Heb 11:24-25
  - e) Take steps toward God on a daily basis. James 4:8