

## The Cycle of Change

### Part 2 – Creating a Life of Victory

**Overview:** God wants you not to be conformed to this world but to be transformed. Understanding the Three Gates of Transformation and how they work in the Cycle of Change will help you to be more effective in spiritual warfare and to become a super-conqueror.

#### A. Understanding the Mind

1. The First Gate of Transformation is the mind and it is our interaction with the world.
2. The mind takes the input that comes to it through the five senses and analyzes, categorizes, and organizes it into its previously determined perception of reality.
3. To renew (renovate) the mind requires a new set of input that results in a paradigm shift that changes a person's perception of reality.
4. Levels of input from the Word and their impact on changing perceptions.
  - a. Instruction - information / facts – has little impact unless it is tied together by understanding.
  - b. Understanding – putting together information into a logical format.
  - c. Knowledge – perception – the application of understanding so that it becomes a changed way of thinking about a particular reality.
  - d. Wisdom – combining information, understanding and knowledge to perceive accurately a situation or intellectual concept and respond with prudence.
5. Focus (read, study) on the Word to change your perception of reality. Prov 2:1-6
6. The mind is the beginning of the transformation to be like Jesus.
7. Protect the mind by protecting the five senses. Evaluate according to the Word. Prov 4:20-22

#### B. Understanding the Heart

1. The Second Gate of Transformation is the heart, which is a veil, separating the spirit from the soul. 2 Cor 3:14-15
2. The power of God flows from the spirit through the softened areas of the heart. John 8:31-32
3. Out of the heart flow all the issues of life. Pro 4:23
4. A good man out of the good treasure of the heart brings forth good. Matt 12:35
5. The heart is our core value system.
6. How the core values are formed.
  - a. **Natural** – Family values & traditions, training, information, education, experiences, teachers, religious influence, observation, reasoning (thoughts).
  - b. **Psychological** – Trauma, family trauma, emotions (tied to natural), defense mechanisms, position in family, things that made you feel safe or afraid, how others responded to you (and your response).
  - c. **Spiritual** – Generational sins, personal sins, word curses (yours or others), demonic training (strongholds).

**Note:** All of these items (good or bad) interact and inter-react with each other to form your core value system – your way of thinking. The parts of your core values that correspond to the Word are called righteousness, goodness, godliness, holiness. The parts that do not are called iniquity, wickedness, evil, lawlessness and frowardness (habitually disobedient).
7. The thinking (core values) in the heart determines who a man is. Prov 23:7
  - a. Heart knowledge (*epignosko* G1921) – intimate experiential knowledge. Eph 1:17
  - b. Heart knowledge is the next level after wisdom so that it becomes a core value.

### C. Understanding the Tongue

1. The Third Gate of Transformation is your tongue because your words also carry creative power. Mark 11:23
2. Life and death are in the power of your tongue. Prov. 18:21
3. Your tongue is a tree of life. Prov 15:4
4. Your tongue controls (sets the direction) of your life. James 3:2-8
5. Out of the abundance of the heart the mouth speaks. Matt 12:34
  - a. The heart (what is in abundance) controls the tongue
  - b. Use the Word of God to change your mind, act on the word to change your heart.

### D. How to Use the Gates of Transformation to Manifest a Vision by Changing You.

#### 1. Form an Image of the Vision in your Heart

- a. Let Christ be formed in you. Gal 4:19  
 Let the mind of Christ be in you. 1 Cor 2:16  
 Be fully persuaded in your mind. Rom 14:5  
 Let the vision be fully planted in your mind by meditating on it.
- b. Acting on thoughts will place them in your heart.  
 Your mind-actions will be deposited in your heart.  
 Seeing, hearing, imagining, meditating, fantasizing, studying, muttering, speaking, doing.  
 Picture the success in your mind and meditate on it.  
 Let the desire become fervent in your heart. Mark 11:24
- c. Speak about it continuously.
- d. Create a plan to implement the dream/vision.

#### 2. Act on the Plan for the Vision

- a. Faith with patience inherits the promise. Heb 10:38, 6:12  
 Winners never quit; Quitters never win.
- b. The kingdom of God is like a seed Mark 4:28  
 First the blade, then the ear, then the full corn.... Pro 28:20,22  
 Do not make haste to be rich.
- c. Chase God by renewing your mind, acting on the Word and speaking the Word. The blessings shall come upon (*i.e., chase you down*) and overtake you Deut 28:2

**Suggestion:** Pick a Goal. Write down the vision. Form the image within you. Create a plan to complete the vision. Break the plan into small tasks, as steps.

- Step One: Within the plan, define a task, which is within your capability.
- Step Two: accomplish your task.  
 Examine the remaining part of the plan  
 Can you do it? If not, can you break it into smaller tasks of which you can do one or more tasks?  
 Do all the tasks which you can do.  
 Repeat steps 1 – 2 until you arrive at a part wherein there is no task you can do.  
 Step Three: Define the next part which only God can do.
- Step four: Stand in faith, affirming the promise until it manifests.
- Step Five: Once God has done His part, define the next step which you can do.
- Repeat steps 1 – 5 until your goal has been reached *i.e., the vision has manifested.*