

Expanded Prayer for Breaking Curses

Repent – Restore Fellowship

1. In the Name of Jesus, I repent of the sin(s) of _____
(Example: Calling myself fat)
2. In the Name of Jesus, I repent of all my sins of attitude, intention, desire, thought, memory, words, actions or deeds concerning the sins of _____
3. In the Name of Jesus, I forgive every person from my heart who has participated in these sins or caused me to sin or been affected by these sins. In the name of Jesus, I bless them from my heart.

Renounce – Spiritual Warfare

4. In the Name of Jesus, I renounce satan and every demon, devil and evil spirit behind these sins.
5. In the Name of Jesus, I take away the legal right of satan, every demon, devil and evil spirit to operate in or on me, my body or my life because of these sins.

Break – Sever Ungodly Ties

6. In the Name of Jesus, I break every heart, soul, mind and body tie to these sins and to every person and spiritual being connected to or behind these sins.
7. In the Name of Jesus, I break every curse, every vow, every covenant, every contract, every hold, every hook, every connection to evil resulting from these sins.
8. In the Name of Jesus, I have been set free by Jesus Christ. S/He, whom the Son sets free, is free indeed.