

Breaking Curses

(1) Preparation

- Identify sources of trauma, major sins, or habits which give demonic access by asking the Holy Spirit to bring these to the subject's memory, especially childhood memories.
- Create lists of curses: words and actions.
- Start with higher level categories and then get more specific.

(2) How to Break Curses

- Typically, multiple sessions of 10 to 15 minutes.
- One on one; over the phone is acceptable.
- Couple to one; or male to male; or female to female.
- Use the Expanded Prayer for Breaking Curses. (Sem 2 Module 24)
- Confess sins.
- Subject reads his/her lists and reads through the prayer with the minister, agreeing after each statement.
- If timeframe permits, it is best to do one item at a time; otherwise, do them in related groupings.

(3) After Breaking Curses

- Give special instructions to subject (see below).
- Pray for subject over the next few days.
- Follow-up call with subject.

Additional Considerations:

Be on constant guard against sinful attitudes, intentions, desires, thoughts, memories, words, actions and deeds. Remember, anything which violates any one of the nine parts of the Fruit of the Spirit is a sin.

When you do sin, CRRB every sin ASAP (i.e., confess, repent, renounce, break). Also, when you are not aware of committing any sin for a given period of time, frequently just pause and ask the Lord to cleanse you of the ones of which you are unaware and then thank God for your forgiveness. Then ask the Lord to continue to reveal to you your unknown sins and help you not to do them again.

It is essential to develop these daily lifestyle choices in order to make sure we do not allow back into our lives the previously cast out demons. **Be particularly vigilant** in the areas in which you have broken curses and also in those areas in which, during your cleaning session (either personal, class or team cleansing), demons or evil spirits were cast out.